

Mehrdad Bahramian's Resume

PERSONAL INFORMATION

Full Name: Mehrdad Bahramian

Sex: Male, **Date of Birth:** April 10, 1977, **Place of Birth:** Ramsar, Iran, **Marital Status:** Married,

Address: Apt.4, Floor 1, No.1, Falsafi Alley, Shariati Ave., Tehran, Iran **Cell Phone:** (+98)9127709859

Email: Mehrdad_bahramian_pt@yahoo.com

LinkedIn Address: [linkedin.com/in/mehrdadbahramian](https://www.linkedin.com/in/mehrdadbahramian)

Instagram: www.instagram.com/bahramian.mehrdad/

Facebook: <https://facebook.com/profile.php?id=100000435588151>

EDUCATION

- BSc PT, Iran University of Medical Sciences, Tehran, Iran, 2000

PROFESSIONAL DESIGNATIONS

- Licensed physiotherapist, Iran University of medical Science- Rehabilitation Faculty since 2000
- Active member of Iranian Physiotherapy Association (IPA)
- Member of board of director of IPA from 2015 to 2019.
- Certified Myofascial Trigger Point Therapist(CMTPT).
- Mckenzie Certified (MDT Certified).
- Instructor of Manual Therapy in all Province in Iran for more than 1500 PT.
- Certified Trigger point Dry Needling practitioner from North Georgia College & State University.
- Mastership of Manual Therapy from European School of Manual Therapy- Florence-Italy.
- Instructor of Dry needling for IPA in all Province for more than 4000 PT in 5 levels.

WORK EXPERIENCE

March 2018- NOW Technical In-charge and Physical Therapist at ALETAHA physical therapy Center, Hamoon Building, Tehran, Iran.

- Actively collaborating with physiotherapist assistants.
- Assuming responsibility for different assessments including initial physiotherapy assessment, analysis, problem identification and treatment program.
- Providing physiotherapy consulting with individuals and families from diverse socio-economic and cultural backgrounds regarding the plan of care.
- Providing physiotherapy treatments.
-
- **SEP 2015- March 2018** Physical therapist at Hamoon Medical complex, Physical & Manual Therapy Center, Tehran, Iran.
 - Actively collaborating with physiotherapist assistants.
 - Assuming responsibility for different assessments including initial physiotherapy assessment, analysis, problem identification and treatment program.
 - Providing physiotherapy consulting with individuals and families from diverse socio-economic and cultural backgrounds regarding the plan of care.
 - Providing physiotherapy treatments.
 -
- **SEP 2002-JUL 2015** Physiotherapist at Arman-Shayan Rehab Center, Tehran, Iran

- Actively collaborating with physiatrists, chiropractors, physiotherapists, acupuncturist, orthopedic surgeon and physiotherapy assistants in a multidisciplinary setting as an effective team member
- Assuming responsibility for different assessments including initial physiotherapy assessment, analysis, problem identification and treatment program
- Providing physiotherapy consulting with individuals and families from diverse socio-economic and cultural backgrounds regarding the plan of care
- Providing physiotherapy and manual therapy and acupuncture treatment
- Providing ongoing communication with case managers and insurance adjusters
- **JUL 2011-SEP 2012** Technical In-charge and Physical Therapist at Patris physiotherapy Center, Tehran, Iran
 - Providing rehabilitation assistance
 - Assuming responsibility for different assessments including initial physiotherapy assessment, analysis, problem identification and treatment program
 - Appointed as head of manual therapy and spinal manipulation and dry needling
- **JUL 2002-JUL 2011** Physiotherapist, owner, establisher and technical in-charge at Pasargad Pt clinic, Kangan, Booshehr Province, Iran
 - Assuming responsibility for different assessments including initial physiotherapy assessment, analysis, problem identification and treatment program.
 - Assuming responsibility as a clinic manager including supervising therapy and administrative staff, supervising scheduling and billing for different clients, staff training and time management.
 - Assuming responsibility for direct and indirect patient care in a Neuro/ Ortho - outpatient setting including initial physiotherapy assessment, analysis, problem identification, treatment program implementation, documentation of changes in the patient records, prepare progress note
 - Assuming responsibility for direct and indirect patient care in an outpatient setting including initial physiotherapy assessment, analysis, problem identification, treatment program implementation, and the documentation of changes in the patient records.
- **SEP 2000-JUL 2002** Physiotherapist (part time) in Choobineh Physical Therapy Center, Booshehr, Iran
 - Assuming responsibility as a physical therapist and billing for different clients, staff training and time management.
 - Assuming responsibility for direct and indirect patient care in a Neuro/ Ortho - outpatient setting including initial physiotherapy assessment, analysis, problem identification, treatment program implementation, documentation of changes in the patient records, prepare progress note
 - Assuming responsibility for direct and indirect patient care in an outpatient setting including initial physiotherapy assessment, analysis, problem identification, treatment program implementation, and the documentation of changes in the patient records.

PROFESSIONAL DEVELOPMENT

- 210 contact hours in 30 days, Mastership of manual therapy from European School of Manual Therapy, Florence, Italy/held in Jul, Aug., Nov, Dec 2014 and Mar, April 2015 in Tehran by Divanbeigi, DO.
- Dry needling Trigger Point treatment, 32 contact hours, Jun 30 and Jul 1-3, 2012 in Tehran, by North Georgia state University continuing education.

- 3-day PT workshop of lumbo-pelvic Dysfunction held by Sport Medicine Federation of Islamic Republic of Iran (SMFIRI) from Apr 9-11, 2012 presented by prof. Andry Vleeming, PhD.
- Changing pain and movement behavior in chronic Low Back Pain-using classification-based cognitive functional therapy-Sep 27-29, 2013 in Tehran- presented by Dr. Kieran O' Sullivan.
- 3-day continuing courses about Evaluation & Pt management of the Operative and non-operative conditions of shoulder (4h), Post-Surgical rehab program for the Lumbar spine (4h), Comprehensive Cervical, Thoracic, Lumbar and Sacro-iliac Manipulation for PTs, Nov 12-13, 2012.
- 120-hour course on Manual Examination and Treatment of Spine and Extremities from Apr 4, 2014 to Sep 19, 2014 by Dr. Nader Maroufi, PhD, PT in School of Rehabilitation Science, Tehran, Iran.
- 40-hour course on lower extremities and Lumbo-pelvic Region Manipulation, from Sep 26, 2014 to Mar 12, 2015 by Dr. Nader Maroufi, PhD, PT.
- Prevention and treatment of sport ankle injuries workshop on Jan 4, 2013 by the Iranian Sport Physiotherapy Association (ISPTA).
- A comprehensive Rehabilitation Protocol for ACL deficiency & reconstruction. Held on Feb 1, 2013 by ISPTA.
- Assessment and manual therapy in cervicogenic headache workshop, 25 -26, 2013 in University of Social Welfare and Rehabilitation.
- Taping course, Feb 15, 2015 held by Sport Medicine Federation of Islamic Republic of Iran (SMFIRI)
- 4-day (28h) McKenzie course about Lumbar Spine (Part A), May 20-23, 2017, Tehran, Iran.
- 4-day (28h) McKenzie course about Cervical and Thoracic Spine (Part B), Jan 11-14, 2017, Tehran, Iran.
- 4-day (28h) McKenzie course about Advanced Lumbar Spine & lower limbs, (Part C) Apr 19-22, 2018, Tehran, Iran.
- 5-day (40h) Myofascial Trigger Point Dry Needling Workshop by Dr. Jan Dommerholt, PT, DPT, DAIPM (President of Myopain seminars) May 12-16, 2018, Tehran, Iran as a participant and official assistant.
- 3-day (24h) Fascial Distortion Model (FDM) – Module1- by Dr. Thorsten Fischer, DO, FDM International Instructor, February 3-5, 2019, Tehran, Iran.
- 3-day Myofascial Trigger point Dry Needling workshop and final exam to be certified,by Dr. Jan dommerholt, PT, DPT, DAOPM (President of Myopain Seminars) March 14-16, 2019, Doha, Qatar.
- 2-day Neurokinetic Therapy (NKT) – level 1- By Wills Burger, NKT certified, November 15- 16, 2019, Dubai, UAE.

INSTRUCTION HISTORY

I have instructed more than 3100 hours physical therapy workshops in different physical therapy faculties as well as the Iranian Physiotherapy Association (IPA) branches. All these workshops, being held for other physical therapists, were both theoretical and practical.

A detailed list of these workshops are provided for your reference.

***ARTICLE:**

- **Reliability and concurrent validity of a new iPhone® goniometric application for measuring active wrist range of motion: a cross-sectional study in asymptomatic subjects**

(<http://onlinelibrary.wiley.com/doi/10.1111/joa.12568/abstract>)

- **Effectiveness of dry needling for improving pain and disability in adults with tension-type, cervicogenic, or migraine headaches: protocol for a systematic review(<https://rdcu.be/bRVE1>)**

Social Media Address:

Linkedin: <https://www.linkedin.com/in/mehrdadbahramian>

Instagram: <https://www.instagram.com/bahramian.mehrdad/>

Facebook: <https://facebook.com/profile.php?id=100000435588151>

Spoken languages:

- English
- Farsi

References are available upon request.