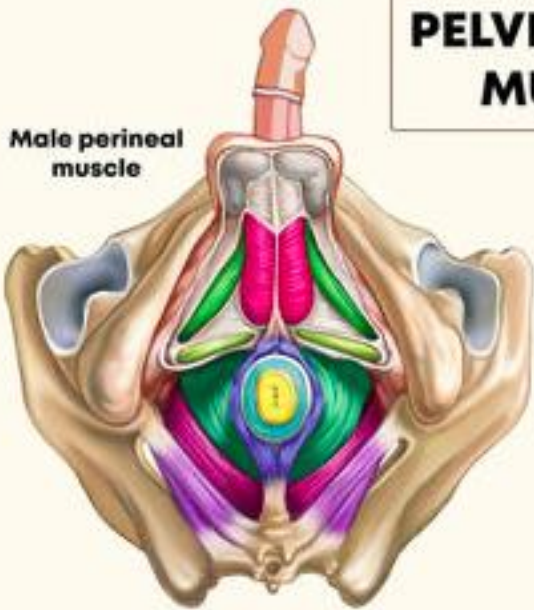


PELVIC FLOOR MUSCLE

Male perineal muscle



Female perineal muscle



- Transverse perineal muscles
- Ischioavernosus
- Puborectalis
- Subcutaneous part of external anal sphincter muscle
- External anal sphincter
- Gluteus maximus muscle
- Iliococcygeus part of levator ani muscle
- Bulbospongiosus (aka bulbocavernosus)
- Anus
- Penis (for male) and Vagina (for female)

Pelvic floor master course program

3 days

1st Day

Time Schedule	Class program
8:30 – 10	Theoretical topics and concept of pelvic floor
10 – 10:30	What is concepts of pelvic floor
10:30 – 11	Coffee break
11 – 12:30	Practice treatment in sexual, Excretory and Urinary disorders
12:30 – 13:30	Lunch time
13:30 – 14:30	Practice treatment in sexual disorders ,
14:30 – 16:30	Biofeedback system in pelvic floor
16:30 – 17	Answer to student questions

2nd Day

Time Schedule	Class program
8:30 - 10	What is dry needle
10 - 11	Dry needle in pelvic floor
11 – 11:30	Coffee break
11:30 – 12:30	Dry needle in pelvic floor
12:30 – 13:30	Lunch time
13:30 – 15:30	Dn Practice
15:30 – 16:30	Dn practice
16:30 - 17	Answer

3rd Day

Time Schedule	Class program
8:30 - 10	What is manual therapy in pelvic floor
10 - 11	Dry needle in pelvic floor
11 – 11:30	Coffee break
11:30 – 12:30	Manual therapy in pelvic floor part 1
12:30 – 13:30	Lunch time
13:30 – 15:30	Manual therapy practice
15:30 – 16:30	Manual therapy practice
16:30 - 17	Theoretical and Practical Exam (for certification)